

What is Lyme Disease?

Lyme Disease (LD) is an infection caused by the spiral bacterium known as *Borrelia burgdorferi*. LD is a tick-borne disease. You cannot get LD from another person -you get it from a tick bite. People most at risk for LD are those who spend time in grassy and wooded areas during the active tick season (April to October); this includes parks within cities, urban areas, and residential houses nestled in wooded areas.