

Youth and Adult Tobacco Services

**Harford County Health
Department**

Edgewood location

1321 Woodbridge Station Way

Edgewood, MD 21040

410-612-1781

www.harfordcountyhealth.com

To register for a class or to be added to our mailing list, call us!

Pre-registration is requested for all programs.



Public Health
Prevent. Promote. Protect.

**Harford County
Health Department**

Harford County
Health Department
*120 South Hays St.
Bel Air, Maryland 21014*

www.harfordcountyhealth.com

*Youth and Adult
Tobacco Services*



Harford County
Health Department

“Healthy People in a Healthy Environment”

410-612-1781
www.harfordcountyhealth.com

Tobacco Services

WHO WE ARE

When it's your time to stop using tobacco, the Harford County Health Department is ready to help you quit. We offer free quit tobacco classes and provide a variety of therapies to help you cease tobacco use.



WHAT WE DO

Youth Services

Kindergarten-College- tobacco education programs can be scheduled by contacting the Harford County Health Department School and Community Tobacco Education Specialist, Dottie Ruff, at 410-612-1781 .

Any youth tobacco user can receive quit assistance by contacting the Harford County Health Department CRF tobacco program.

Student Tobacco Education Registration

When a student violates the Harford County Public School Tobacco Policy, their suspension can be reduced if the student and guardian agree that they will participate in a tobacco education/ cessation program intended to assist the student in resisting or quitting tobacco use.

Advance registration is required within 5 days of the incident date.

For more information, contact:

**The Harford County Health Department
Division of Public Health Education
Phone: 410-612-1781
Fax: 410-612-9184
Email: Dorothy.ruff@HCPS.org**

Classes are held at the Harford County Health Department's Woodbridge location from 3:30-4:30 PM by appointment.

Adult Services

Adult tobacco education classes are taught by a certified tobacco treatment specialist with experience in tobacco cessation and recovery. Classes are supportive and allow participants to progress at their own pace.

Classes are offered year round and all services are free to those who live or work in Harford County. They must meet an attendance requirement and have a current physician's referral form on file to qualify for nicotine patches, lozenges or gum.

For details, call 410-612-1781

