

**Harford County Local Health Improvement Process**  
**Healthy Harford-Obesity Workgroup**  
Thursday, June 11, 2015, 8:30am  
**Harford Community College, Edgewood Hall**

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Attendees: Bari Klein (Chair); Carrie Burns, JHU CLF Food System Map (guest speaker); Julie Mackert, Health Dept. Environmental Health; Andrea Kestner, Bel Air Farmer's Market; Mary Nasuta RN, HCPS School Nurses; Danielle Hepsler, visiting college student; Angela Teague RD, Klein's Shoprite; Nicholas Kalargyros, Planning and Zoning; Charles Odhiambo, Health Dept. Cancer; Carly Andrews, MD Spine Institute; Marlana McKenna, Harford County Gov. Efficiency and Innovation; Anne Otih, Boys and Girls Club; Jane Howe, Master Gardeners and Parks and Recreation; Alissah Battle-Reed, Y of Central MD; Robin Stokes-Smith, UM UCH; Karen Olsen, HCPS Nutrition Dept.; Gale Sauer, APG.

As the work of the Healthy Harford/LHIC Obesity Workgroup focuses broadly on healthy lifestyle and Obesity issues, we are always working on ways to provide our community with information, tools, and knowledge that they can use to affect positive change through their spheres of influence. To that end, for our June meeting we were very fortunate to host Carrie Burns from the Johns Hopkins Center for a Livable Future, Maryland Food Mapping project. Carrie's presentation walked us through the Center's Food System Map project which is an interactive web-based program of over 185 layers of food system information available on both state and county levels. Covering everything from farmable land, food insecure areas, what is food is raised/planted, what food is consumed, food system profiles, cost of living analysis, self-sufficiency standards, access to food, access to healthy food, retail food density, etc. the map program is a wealth of information for anyone who is involved with growing, distributing, retailing, preparing, or consuming food.

The primary data collected falls under six broad categories:

- Agriculture, Land Conservation, Environmental Indicators
- Processing and Distribution
- Food Retail - food stores, restaurants, farmers markets
- Nutrition Assistance - SNAP and WIC usage
- Farm-to-Institution - K-12, Universities, Hospitals
- Demographics, Health

Carrie's PowerPoint presentation is attached. Below are link to other resources mentioned during the presentation.

Map Project resources mentioned in the presentation:

- County Profile for Harford County: PDF can be [downloaded here](#)

- Maryland Grown [Report](#): comparing food production in Maryland to demand for food consumption, by product
- Baltimore Food Environment Report, including Food Desert Analysis: <http://mdfoodsystemmap.org/2015-baltimore-city-food-access-map/>
- Newsletter signup (the best way to stay up-to-date us): <http://mdfoodsystemmap.org/center-for-a-livable-future-subscription-form/>

Other Resource: Center for Women's Welfare/Self-Sufficiency Standard:

- Main website: <http://selfsufficiencystandard.org/>
- Maryland's Report: <http://selfsufficiencystandard.org/docs/Maryland2012.pdf>

In addition, Karen Olsen, Nutritionist for the Harford County Public Schools (HCPS), spoke briefly about the HCPS Summer Meals program which will launch as soon as school ends. Designed to address childhood hunger during the summer months when school is not in session, the program provides free meals to children ages 2-18 at both stationary sites throughout the county, as well as through a boxed lunch mobile truck distribution program that stops at designated points throughout the county. The Summer Meals Kickoff will take place Monday, June 15<sup>th</sup> at the Aberdeen Boys and Girls club. Healthy Harford is proud to partner with this important program, and additional information including distribution sites and menus can be found on the Healthy Harford website.

<http://www.healthyharford.org/health-initiatives/healthy-schoolschildcare/summer-meals-program-summer-table>.