

TOBACCO CESSATION CLASSES OFFERED JANUARY – MARCH 2017

THURSDAY EVENINGS

Harford County Health Dept. partnering with Univ. of Md. Upper Chesapeake

Medical Center, Patricia D.& M. Scot Kaufman Cancer Center

CALL EITHER 410-612-1781 OR 443-643-3350

TO REGISTER FOR THIS CLASS ONLY

Streett Conference Room Sessions: Jan. 5, 12, 19, 26,

Kaufman Cancer Center Feb. 2, and ending Feb. 9, 2017

500 Upper Chesapeake Drive TIME: 6:00 – 7:00 p.m.

Bel Air, MD. 21014 There are 6 sessions to this class.

MONDAY EVENINGS

Harford County Health Dept. partnering with MedStar Health, Bel Air

CALL EITHER 410-612-1781 OR 1-877-715-HOPE (4673) TO REGISTER FOR THIS CLASS ONLY

MedStar Bel Air Medical Campus Sessions: Jan. 30, Feb. 6, 13,

Community Room, First Floor Feb. 20, 27, and ending Mar. 6, 2017

12 Medstar Blvd TIME: 6:00 – 7:30 p.m.

Bel Air, 21015 There as 6 sessions to this class.

TUESDAY AFTERNOONS

Aberdeen Public Library Sessions: Feb. 21, 28, Mar. 7, 14,

Conference Room March 21, and ending Mar. 28, 2017

21 Franklin Street TIME: 1:00 – 2:30 p.m.

Aberdeen, Md. 21001 There are 6 sessions to this class.

The Harford County Health Department offers these tobacco cessation classes <u>at no cost</u> to all tobacco users who want to quit. We request pre-registration for all classes. Nicotine patches, lozenges or gum may be available at no cost to those who qualify.

For further information or to register, please call (410) 612-1781 weekdays between the hours of 8 a.m. and 4:30 p.m.