

**Harford County Health Department - Local Health Improvement Process**  
**Behavioral Health Workgroup**  
**Tuesday, September 13<sup>th</sup>, 8:00am-9:30am**  
**Meeting Notes**

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**ATTENDEES:**

Roblyn Aigner (Detention Center), Mallory Callahan (HCHD), Lamont Coger (Army Substance Abuse Program), Mimi Cooper (District Court), Nancy Corbin (Maryland Recovery), Corey Fitzgerald (Army Public Health Center), Carol Frontera (Albert P. Close Foundation), Patricia Gallen (American Psychiatric Care), Robin Hollar (Dept. of Community Services), Beth Jones (HCHD), Susan Kelly (HCHD), Rod Kornrumpf (UCHS), Jess Kraus (OMH/CSA), Richard Lewis (UMUCH), Sue Lichtfuss (Mobile Crisis Unit), Sharon Lipford (Healthy Harford), Pamela Llewellyn (UCHS), Nick Lyons (Bergand Group), Don Mathis (ODCP/ACR), Russell Moy (HCHD), Paula Nash (HCHD), Kim Parks-Bourn (HCDSS), Joe Ryan (ODCP), Pat Thompson (UCHS), Lisa Wainwright (MedMark), Brian Walton (District Court), Rene Duzan (HC Housing/Community Development)

**Welcome and Introductions**

To begin the meeting, attendees introduced themselves to the group. With a full agenda, the workgroup immediately began reviewing prevention, intervention, and recovery updates.

**Report on Current and Developing Initiatives**

*a) Prevention: Coordinating Community Services*

Suicide Prevention

- APG/Army Overview – Lamont Coger: Mr. Coger explained his role at APG in identifying risky behaviors and providing tailored training for each unit based on these observations. Last week DHMH kicked off the “There Is Hope” mobile application that connects those considering suicide with local intervention organizations. He also discussed Kognito, MD-SPIN, and ASIST Trainings that are being conducted on base, as well as in the community. This month APG is featuring a campaign for Suicide Prevention Month with the slogan #BeThere.
- County-Wide Activities – Paula Nash: Current Suicide Prevention Workgroup initiatives include (1) Mental Health Resource Guide updated; (2) Pediatrician outreach for depression screenings during annual school physicals, (3) Parking garage plans still in motion to deter access to upper levels and, (4) Friends R Family also rolled out a mobile application and started a Suicide Prevention Club at Patterson Mill High School. Strategic planning will be the next goal of the workgroup.
- QPR – Sue Lichtfuss: There have now been over 1,000 Harford County employees and residents trained in QPR. Targeted groups include APG, faith-based organizations, ShopRite management, bus drivers, and ARC. The Office of Drug Control Policy sponsored the purchase of 1,000 booklets so that QPR could be provided free of charge.
- Mental Health First Aid – Sharon Lipford: So far there have been 11 Mental Health First Aid trainings with 156 participants. They are hoping to shift the trainings from employees to Harford County residents.

#### Syringe Exchange Bill – Susan Kelly

- Susan Kelly announced that Senate Bill 97 will go into effect on October 1. This new legislation encourages jurisdictions to consider sanctioning an Opioid-Associated Disease Prevention and Outreach Program, as needed. Components of the program include syringe exchange, education, and treatment services, which have all been proven effective in decreasing IV drug use related infections. Baltimore has been expanding their program since 1984, but Harford County should consider providing the same services to our residents.

#### Overdose Fatality Review Team – Beth Jones

- The Review Team is still meeting quarterly but has observed increases in overdoses. They are still awaiting new data from the Prescription Drug Monitoring Program (PDMP). The majority of overdoses are occurring in hotels, but the team has been unsuccessful in partnering with hotel management to combat the issue. The depression and substance abuse screenings for patients at Harford Memorial and Upper Chesapeake should be increasing psychiatric appointments.

#### YRBS Data – Joe Ryan

- This summer, new YRBS data was compiled for Harford County middle and high school students (please see attached handout from the Office of Drug Control Policy). Upcoming events will be listed in the Community Updates/Announcements section below.

#### b) *Intervention: Integrated Clinical Care*

##### Healthy Mom, Healthy Baby – Pregnancy & Substance Use – Dr. Richard Lewis

- Dr. Lewis highlighted the group's work to connect OB doctors and substance abuse providers through a streamline referral process. The hospital is now providing a rapid referral service to either Ashley Addiction Treatment or the Harford County Health Department. These agencies will be able to determine the needed level of care and have established partnerships with the local methadone clinics.

##### Primary Care Practice Integration – UMUC/Union Hospital – Rod Kornrumpf, Pat Thompson, & Pamela Llewellyn

- The hospital has recently worked to bridge the gap between mental and physical health for its patients. Their outpatient evaluation model, which is based on the evidence-based AIM model, is laying the groundwork for 3-4 collaborative care units to operate from within the hospital. They are currently in contact with around 70 primary care providers in Harford County.

##### Vivitrol in Detention Center – Beth Jones

- The program at the Harford County Detention Center has been increasing their enrollment numbers, despite the challenges of engaging patients after their release dates. Channel 2 will be airing a success story from a client of the Vivitrol program later this month.

##### Community Initiatives – Office on Mental Health – Jessica Kraus

- Recently Alliance merged with Mosaic to oversee five upcoming grants including MCCJTP, TAMAR, PATH, CCO, and a patient-specific grant for the county. To learn more about each of the opportunities, visit [harfordmentalhealth.org](http://harfordmentalhealth.org).

## Watch Program/Healthy Harford – Sharon Lipford

- The WATCH Program focuses on patients with several chronic diseases, including behavioral health, and is a partnership between Healthy Harford/Upper Chesapeake and Healthy Cecil/Union Hospital. WATCH staff conduct home visits and provide referrals for primary care, transportation, insurance, housing, and food.

### c) *Recovery: Hope, Wellness & Recovery*

#### September Recovery Month – Beth Jones & Joe Ryan

- The Run 4 Recovery last weekend was a success with 75 registrants and more in attendance. The event was able to raise money for the Turning Point Project that provides support for patients and families transitioning out of substance abuse/mental health treatment.

### **Updates/Announcements**

- The Harford County Health Department’s Division of Behavioral Health received its 3-year CARF Accreditation for their excellence in mental health and substance abuse treatment.
- The *Shining a Light on Recovery* vigil was held at Mt. Zion church September 10<sup>th</sup>.

### **Upcoming Events**

Sept 24	<a href="#">Healthy Harford Day</a>
Sept 24	Human Rope to Stop the Dope (during Healthy Harford Event)
Sept 27	Addiction SOS – Stepping Out of the Shadows Workshop
Oct 1, 8, 15, 22 & 29	Recovery Coach Academy
Oct 4	<a href="#">Battling the Epidemic – Tri-County Opioids Addiction Summit</a>
Oct 5	<a href="#">28<sup>th</sup> Annual Suicide Prevention Conference</a>
Oct 5, 13, 24	2016 Heroin Prevention & Awareness Briefing
Oct 15	<a href="#">American Association of Suicide Prevention Out of the Darkness Walk</a>
Oct 17	<a href="#">Annual LHIC Meeting</a>
Nov 16	Harford County Night of Conversation

**The next Behavioral Health Workgroup meeting will be held on December 13, 2016 at 8:00 am.**