## NOT ALL WOUNDS

A Community Conversation About Mental Health and COVID-19



Thursday, April 16 | 3 pm | Protecting Your Mental Health Tuesday, April 21 | 3 pm | Helping Children Cope Thursday, April 23 | 3 pm | Isolated but Connected

## HOW TO CONNECT:

Registration required.

## https://umm.webex.com/umm/onstage/g. php?MTID=ee4de54ed5dd46207878033cc80a930d0

Click the above link up to five minutes before the start of the webcast to participate.

Note: Attendees who participate via the above link will be able to see the slides on their computer or smart phone.

To participate via audio only, please dial 1-408-418-9388 Access code: 718 245 551

Join us for FREE discussions. | umms.org/community/conversations