



# MEGAN's Place



## NEW ACTIVITIES FOR KIDS 5 AND UNDER

### ONE FOR YOU, ONE FOR ME



TO TEACH YOUR CHILD HOW TO SHARE. SET OUT A PILE OF OBJECT'S AND ASK HIM TO SHARE THEM WITH YOU WHILE SAYING "ONE FOR YOU, ONE FOR ME..

### GET INTO THE NATURE



ENCOURAGE YOUR KIDS TO CLIMB HILLS, JUMP OVER STICKS, AND BALANCE ON TREE STUMPS. SKILLS DEVELOPED: AGILITY, BALANCE, COORDINATION.

### ROTATE TOYS



ROTATE YOUR BABY'S TOYS AND KEEP THE REST HIDDEN. HOLD THE TOY OUT AND ENCOURAGE HER TO CRAWL TO THE TOY. THIS CAN PREVENT BOREDOM AND ENCOURAGES GROSS MOTOR DEVELOPMENT ALL IN ONE.

### PAPER PLATE ART



USE PAPER PLATES ALONG WITH ARTS AND CRAFTS SUPPLIES TO LET YOUR CHILD DECORATE THEM. THEY CAN BE CREATIVE AND ADD EYES, A NOSE, AND MOUTH. THEY MAY SIMPLY CHOOSE TO PAINT OR COLOR THE PLATE USING BOLD COLORS.



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**Public Health**  
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Harford County  
Health Department

**MEANINGFUL ENVIRONMENT TO GATHER AND NURTURE**