

LHIC Family Health & Resiliency Meeting Minutes | September 8th, 2020 9:00-10:00 AM | Virtual

Welcome & Housekeeping

Shelby Graves welcomed the group and led introductions. She announced that "Community Announcements" would be moved to the "Check-In" portion of the meeting.

Assessment Results

Shelby presented highlighted results from the Harford County Family Health and Resiliency Assessment, conducted in spring 2020. Each member of the group was emailed a copy of the highlighted results report. The assessment was completed by approximately 25 service providers in Harford County, Maryland.

Highlighted results include the following:

- Gaps & Barriers for Families
 - *Top 5 barriers listed:* Transportation, Financial Hardship, Awareness of Services, Navigation of Services, and Community Stigma
- Gaps & Barriers for Service Providers
 - *Top 5 barriers listed:* Funding, Awareness of Services, Collaboration, Community Reach, and Adequate Training and Stigma
- Who should be brought to the table?
 - Many organizations, service providers, and government agencies were listed:



- Ranking Categories to Address
 - o Top three selected: MH, SUD, & SEN; Trauma & ACEs; Economic Barriers
- Ranking Strategies
 - Top three selected: Transportation; Partnerships; Trauma-Informed Model

Current Standing of the FHR Group

Shelby provided the group an overview of the history of the group and individual priority group accomplishments.

- Timeline
 - The FHR group was established and developed a work plan in 2018.
 - The group implemented its work plan from 2018-2020.
 - The group has completed its two-year work plan and also completed an assessment, as of June 2020.
 - The group will develop a new work plan to move forward 2020-2022.

• Current Priority Groups

- Transportation
 - Goal: develop a transportation system to provide access to care.
 - Explored funding opportunities and connected individual programs to transportation funding opportunities.
 - Hosted Alan Doran from Harford County Transit to train service providers in walking through Harford County transportation with families.
- Communications
 - Goal: create materials that help reduce stigma and promote care for pregnant and postpartum women affected by SUD.
 - Created materials for HCHD programs, developed a list of best practices for communication, created additional messaging.
- Family Planning
 - Goal: Promote early access to family planning services.
 - HCHD services added pregnancy and SUD screens to intake forms (Clinical Health, Behavioral Health).
 - Developed a best practices document for referrals processes for OB/GYN or family health providers.

COVID-19 Considerations & Community Announcements

Members shared their community announcements and how their programs have adjusted to service provision during COVID-19.

- HCHD, MEGAN's Place & HFA: Shelby shared that MEGAN's Place and HFA have continued to offer services and care coordination virtually. MEGAN's Place continues to enroll new clients, host education groups, support groups, and drop-in and play sessions virtually. They continue to partner with community partners to offer Community Baby Showers and educational sessions (e.g. UMUCH, Community Action Agency).
- HCHD, Clinical Health: Lynda shared that HCHD's Clinical Services are operating virtually and in-person. They are currently accepting Family Planning referrals and delivering care to those who make appointments. They are partnering with ShopRite to establish a reciprocal referral process for contraceptive services. They are also operating STI, HIV, and PrEP services. HIV home kits and vouchers are available to clients.

- *HCHD, Peer Recovery:* Shawn shared that she is hosting virtual groups with mothers through MEGAN's Place. She will offer a special group for Recovery Month with Jose from New Day on Wednesday, September 23rd. She has also received information on transportation services, which she will share with the group.
- *HCHD, SEN Home Visiting/FIMR/CFR:* Judy shared that CFR meetings are operating virtually. SEN Home Visiting is taking place virtually or over the phone. They have experienced high engagement, especially with new moms.
- *HCHD, WIC:* Kristen shared that all of WIC's services are currently offered via telehealth or telephone. WIC received a waiver to offer services virtually through October 1, but they anticipate the waiver will be extended again.
- *Healthy Harford:* Bari shared that Healthy Harford's website currently features food access and distribution details for Harford County. USDA is extending its waiver for food assistance through December, 2020. Childcare scholarships are currently available through MDE and the Healthy Harford website provides an FAQ and additional guidance on completing the application. They are also putting together a list of professionals who have experience completing these applications. Healthy Harford is partnering with Health Link to offer a virtual Type II Diabetes course this fall.
 - Child Care Scholarships <u>https://www.healthyharford.org/need-help-paying-for-</u> <u>child-care</u>
 - Food Access <u>https://www.healthyharford.org/health-initiatives/resources-</u> <u>during-covid19</u>

Closing

Shelby thanked the group for coming and asked for closing comments and questions.

- Any group member wishing to share events or resources related to family health and resiliency are welcome to share during this time in the meeting or to email them to Shelby Graves: <u>Shelby.graves@maryland.gov</u>
- The resources and flyers shared during or after meetings will always be shared with the group.
- Several members were unable to join today's meeting due to the first day of school, so the minutes and presentation will be sent to the group soon after the meeting.
- Please be thinking of the assessment results and needs of the community for the purposes of priority setting during our next meeting.
- Don't forget to register for the Annual LHIC meeting here: <u>https://www.surveymonkey.com/r/2020LHIC</u>

**The next meeting is <u>tentatively</u> scheduled for Tuesday, November 10th from 8:30am-10:00am online. This will be our priority setting meeting. **

Attendance

- Andrea Pappas HCHD Acting Deputy Director
- Christina Claypool HCHD Healthy Policy Unit
- Debbie Button
 Harford County Council
- Judy Churn
- Kristen Perry
- Lynda Boegner
- Molly Mraz
- Robert Wagner
- Ronya Nassar
- Sara Moore
- Shawn Partain
- Shelby Graves
- Harford County Council

HCHD – Family Health

HCHD – WIC Program

HCHD – Healthy Policy Unit

HCHD – PIO & Communications

- HCHD Family Health
- HCHD Peer Recovery & Helping Families Recover

HCHD – Acting Director, Clinical Services

HCHD – Health Policy Unit