



HARFORD COUNTY LHIC

October 2020 Newsletter

Annual Suicide Prevention Conference

Maryland's Suicide Prevention Conference is held every year on the first Wednesday of October. The 32nd Annual Suicide Prevention Conference will be held virtually through Zoom on October 7, 2020 from 9am to 5pm. For more information about sessions, you can visit their [website](#).

They are offering 6 CEU's. The cost is \$30 for a standard attendee and \$15 for students. **You can register for the conference [here](#).**



Image: UMD School of Medicine Logo

APHA Health Equity Webinar

The American Public Health Association is having a webinar titled, "Using Healthy People to Address Social Determinants of Health and Achieve Health Equity." The webinar will discuss how Healthy People has been used in the past and how local governments, non-profits and national organizations can use Healthy People 2030 to address the social determinants of health.

The webinar will be on Tuesday, October 6th from 2:00pm to 3:00pm. **You can register for the webinar [here](#).**

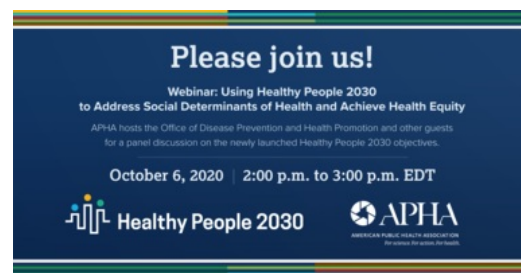


Image: APHA Health Equity Webinar

Let's Talk About Health Webinar Series

University of Maryland Medical System is offering a 30-minute lunchtime webinar series on various health topics called, "Let's Talk About Health."

The upcoming webinar is titled, "Women's Health/Breast Cancer." The webinar will discuss many major health risks that women face, including breast cancer, that are found through screenings and successfully treated when found early. Simple things like eating healthy, staying active, self-care and guarding our emotional wellness are important for current and future health.

The webinar will be on Wednesday, October 21st at 12:00pm. **You can register [here](#).**



Image: Let's Talk About Health

Upcoming Events and Meetings

Save the Date for the Virtual 2020 Annual LHIC Meeting on **Tuesday, October 20th from 8:00-11:30AM**. Click [here](#) to RSVP.

Please note that this date has changed from the August newsletter. If you already registered for the old date, you do **not have to register again.*

MHAAC | LHIC | OIT virtual meeting - Tuesday, November 24th from 8:00-10:00am via Google Meets.

Family Health LHIC virtual meeting - tentatively scheduled for Tuesday, November 10th from 8:30-10:00am via Google Meets.

For any questions, or to join any of the LHIC work groups (Behavioral Health, Chronic Disease Prevention and Wellness, or Family Health and Resiliency), please contact Ronya Nassar at ronya.nassar@maryland.gov.



Image: Annual LHIC Save the Date Flyer

Publications of Interest

[As Their Numbers Grow, COVID-19 “Long Haulers” Stump Experts](#)

Source: The Journal of the American Medical Association

[Addressing Influenza Vaccination Disparities During the COVID-19 Pandemic](#)

Source: The Journal of the American Medical Association

[Delay or Avoidance of Medical Care Because of COVID-19–Related Concerns — United States, June 2020](#)

Source: Morbidity and Mortality Weekly Report (MMWR)

Contact Ronya Nassar at ronya.nassar@maryland.gov with questions, comments, or to be added to the LHIC email list.

Harford County Health Department | www.harfordcountyhealth.com

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