



## HARFORD COUNTY LHIC

### May 2021 Newsletter

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### New LHIC Website...Check It Out!

Last month we revamped our Harford County Local Health Improvement Coalition Website! Once you get to the main Harford County Health Department webpage, go to the menu at the top, and at the right you will see a drop down tab labeled "LHIC." The drop down menu contains separate pages for each workgroup, a link to the Community Health Needs Assessment (CHNA), Community Health Improvement Plan (CHIP), Annual Meeting information, and our new LHIC interest form. Our main LHIC webpage contains our new By-Laws that were adopted in April.

Check out the page and let us know if you have any feedback to improve our look!

You can view the main LHIC webpage [here](#).

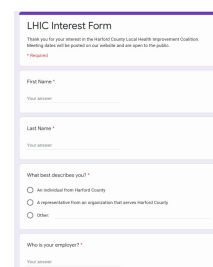


Image: 2019 LHIC Annual Meeting

### New LHIC Interest Form

An LHIC Interest form was created to help us address our missing sectors and members of our community. The form is located on our new LHIC webpage, but we are encouraging current LHIC members to share this form with their co-workers and clients if they are interested in becoming involved!

View the LHIC Interest form [here](#).



The screenshot shows a web form titled "LHIC Interest Form". It includes a disclaimer: "Thank you for your interest in the Harford County Local Health Improvement Coalition. Meeting dates will be posted on our website and are open to the public." The form has fields for "First Name" and "Last Name", each with a "Your answer" label below. There is a section "What best describes you?" with three radio button options: "An individual from Harford County", "A representative from an organization that serves Harford County", and "Other". At the bottom, there is a field for "Who is your employer?" with a "Your answer" label.

Image: LHIC Interest [Form](#)

### Attachment-Based Family Therapy (ABFT) Online Workshop: May 25, 2021

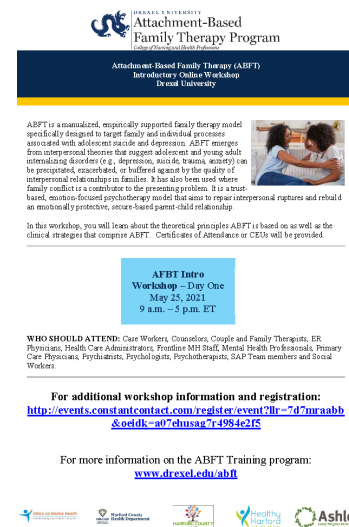
Thanks to the Harford County CSA for arranging this special course by ABFT specialist Dr. Suzanne Levy of Drexel University.

ABFT targets key risk factors for adolescent suicide and depression by focusing on family interpersonal relationships. It is useful for family conflicts and helps heal families that need to address trust and build more secure emotionally protective parent-child relationships. This course

addresses key theories and practices of ABFT. The intended audience includes: Case Workers, Counselors, Couple and Family Therapists, ER Physicians, Health Care Administrators, Frontline MH Staff, Mental Health Professionals, Primary Care Physicians, Psychiatrists, Psychologists, Psychotherapists, SAP Team members and Social Workers. Certificates of Attendance or CEUs will be provided.

For additional workshop information and registration click [here](#).

If you have questions or concerns, contact: Tracy Kelly  
410-803-8726 or [tkelly@harfordmentalhealth.org](mailto:tkelly@harfordmentalhealth.org)



The flyer is for an "Attachment-Based Family Therapy (ABFT) Introductory Online Workshop" at Drexel University. It features a blue header with the Drexel University logo and the program name. Below the header, there is a paragraph explaining that ABFT is a manualized, empirically supported family therapy model designed to target family and individual processes associated with adolescent suicide and depression. It mentions that ABFT emerges from interpersonal theories that suggest adolescent and young adult interparental conflict (e.g., depression, suicide, trauma, anxiety) can be precipitated, exacerbated, or buffered against by the quality of interpersonal relationships in families. It also states that ABFT has been used where family conflict is a contributor to the presenting problem. It is a manual-based, emotion-focused psychotherapy model that aims to repair interparental ruptures and rebuild an emotionally protective, secure parent-child relationship. A small photo of a family is included. Below the text, there is a blue box with the workshop details: "ABFT Intro Workshop - Day One, May 25, 2021, 9 a.m. - 5 p.m. ET". At the bottom, it lists the target audience: Case Workers, Counselors, Couple and Family Therapists, ER Physicians, Health Care Administrators, Frontline MH Staff, Mental Health Professionals, Primary Care Physicians, Psychiatrists, Psychologists, Psychotherapists, SAP Team members and Social Workers. It also provides a link for additional workshop information and registration: <http://events.constantcontact.com/register/event?llr=7d7mraabbb&ccid=a07ehusa7c4984e2f5>. At the very bottom, it says "For more information on the ABFT Training program: [www.drexel.edu/abft](http://www.drexel.edu/abft)" and lists several partner organizations: Drexel University, Harford County Health Department, Healthy Harford, and Ashley.

Image: Attachment-Based Family Therapy (ABFT) Online Workshop

## Upcoming Events and Meetings

**MHAAC | LHIC | OIT virtual meeting - Tuesday, May 25th, 2021 from 8:00 to 10:00am** via Google Meets.

**Family Health LHIC virtual meeting - September TBD**

**Chronic Disease Prevention and Wellness - June TBD**

If you would like to attend these meetings or need the Google Meets information please email Christina Claypool ([Christina.Claypool@maryland.gov](mailto:Christina.Claypool@maryland.gov)) and Ronya Nassar ([ronya.nassar@maryland.gov](mailto:ronya.nassar@maryland.gov)).

## Publications of Interest

[Responding to the fear of dying alone during COVID-19 pandemic](#)

Source: Oxford Academic: Journal of Public Health (JPH)

[State Strategies for Addressing Barriers During the Early US COVID-19 Vaccination Campaign](#)

Source: American Journal of Public Health (AJPH)

[Preliminary Findings of mRNA Covid-19 Vaccine Safety in Pregnant Persons](#)

Source: New England Journal of Medicine (NEJM)

Contact Ronya Nassar at [ronya.nassar@maryland.gov](mailto:ronya.nassar@maryland.gov) with questions, comments, or to be added to the LHIC email list.

Harford County Health Department | [www.harfordcountyhealth.com](http://www.harfordcountyhealth.com)

STAY CONNECTED

