



HARFORD COUNTY LHIC

May 2022 Newsletter

County Health Rankings

The University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation has released the County Health Rankings for 2022. County Health Rankings help us understand how long and how well we live. For 2022, Harford ranked number 5 out of 24 jurisdictions for health factors, which is the same ranking received for the previous year. The health factors represented in the rankings include health behaviors, clinical care, social and economic factors, and physical environment. Modifying health factors can improve the length and quality of life.

Health outcomes on the other hand, represent the current health of the community determined by measures representing the length and quality of life in a community. Harford ranked number 10 out of 24 jurisdictions for health outcomes and was also the same ranking from the previous year.

To read more on the indicators for Harford County, click [here](#).

To read the 2022 state report for Maryland, click the image to the right.



Image: Maryland County Health Rankings Report

Let's Talk About Health

The University of Maryland Upper Chesapeake Health will be having a "Let's Talk About Health" webinar on Wednesday, May 18th from 12pm-1pm about healthy aging. More specifically, the webinar will discuss maintaining a healthy lifestyle through good nutrition and physical activity.

To register for the webinar, click [here](#).



Image: Let's Talk About Health Image

Clear the Vapor Conference

Parents Against Vaping e-cigarettes (PAVe) is a national advocacy and education organization powered by volunteers and will be having a Clear the Vapor conference on May 24-25. This is a free, virtual event that provides both an overview

and a deep dive into all aspects of the ongoing adolescent public health crisis of vaping.

To register, click [here.](#)



Image: Smoking Cessation Flyer

Upcoming Events and Meetings

MHAAC | LHIC | OIT virtual meeting - May 31, 2022 from 8:00 to 10:00 am via WebEx.

Chronic Disease Prevention and Wellness virtual meeting - June 7, 2022 from 8:00 to 9:00 am via Google Meets.

Family Health virtual meeting - May 26, 2022 from 2:00 to 3:30 pm via Google Meets.

Email Christina Claypool (christina.claypool@maryland.gov) with any questions. To be added to the LHIC mailing list, please fill out the interest form [here.](#)

Publications/Articles of Interest

[Vital Signs: Changes in Firearm Homicide and Suicide Rates — United States, 2019–2020](#)

Source: CDC Newsroom

[Understanding the Potential Impact of a Menthol Cigarette Ban on Young People](#)

Source: The Journal of the American Medical Association

[Racial and Ethnic Disparities in Mental Health and Mental Health Care During The COVID-19 Pandemic](#)

Source: Journal of Racial and Ethnic Health Disparities

Contact Christina Claypool at christina.claypool@maryland.gov with questions. Fill out the interest form [here](#) to be added to the LHIC email list.

Harford County Health Department |

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