

December 2021 Newsletter

Cancer Prevention

January marks the start of a new year in the fight against cancer, and the start of Cervical Cancer Awareness Month. February is Cancer Prevention Awareness Month, and March is Colorectal Cancer Awareness Month. In the months ahead, we ask you to join us in spreading awareness of the burden that cancer has on our community, and that getting screened is the most important solution.

The Cancer Prevention Program at the Harford County Health Department offers free colorectal cancer screenings. In addition, we have partnered with the University of Maryland Upper Chesapeake Health to offer free breast, cervical and lung cancer screenings to eligible Maryland residents.



Image: Happy Holidays from Cancer Prevention

Recent program updates:

- The Maryland Breast and Cervical Cancer Program (BCCP) have revised their guidelines for Cervical Cancer Detection and Diagnosis to align with the most recent 2019 American Society for Colposcopy and Cervical Pathology (ASCCP) Risk-Based Management Consensus Guidelines.
- All eligible individuals will undergo a risk assessment based on their current results, past results, and other factors, to determine their immediate/5-year risks, which provides more appropriate and personalized management for a patient's immediate risk of precancer, or 5-year risk of progressing to precancer or cancer.

For additional information regarding our eligibility guidelines, please contact us at 410-942-7930, or visit our website here.

Youth and Family Resource Festival

Harford County Department of Community Services will be having the 2022 Harford County Youth & Family Resource Festival on Saturday, April 9th 2022 at Harford Community College. The resource fair will feature public and private resources for youth from birth to young adults of all abilities, and connects Harford County families to vital resources.

Vendors are needed for this event. To learn more, click here.



Image: 2022 Harford County Youth & Resource Festival

Smoking Cessation Classes

University of Maryland Upper Chesapeake Health offers a FREE smoking cessation classes for adults who live or work in Harford County. For more information or to register for the program, please call Cancer LifeNet at 866-393-4355.



Image: Smoking Cessation Flyer

Community Partner Bulletin on HCHD Website

We have created a webpage to share LHIC community partner events! The page can be found on the HCHD website under the LHIC menu tab. The "Community Partner Bulletin" page was created in hopes that LHIC members could share with us happenings in Harford County that will better the health of our residents. Please send any flyers to christina.claypool@maryland.gov to advertise on our new page.

To view the page, click here.



Image: Banner saying "Community Partner Bulletin"

Upcoming Events and Meetings

MHAAC | LHIC | OIT virtual meeting - January 25th, 2022 from 8:00 to 10:00 am via Google Meets.

Family Health - TBD

Chronic Disease Prevention and Wellness - TBD

If you would like to attend these meetings or need the virtual call-in information please email Christina Claypool (Christina.Claypool@maryland.gov) and Ronya Nassar (ronya.nassar@maryland.gov).

Publications of Interest

One Year of COVID-19 Vaccines. A Shot of Hope, a Dose of Reality

Source: The Journal of the American Medical Association

To end HIV epidemic, we must address health disparities

Source: National Institutes of Health

<u>Health Care Access and Use Among Adults with Diabetes During the COVID-19 Pandemic —</u>
United States, February–March 2021

Source: Morbidity and Mortality Weekly Report

Contact Ronya Nassar at <u>ronya.nassar@maryland.gov</u> with questions, comments, or to be added to the LHIC email list.







