



HARFORD COUNTY LHIC

October 2021 Newsletter

2021 LHIC Annual Meeting Recap

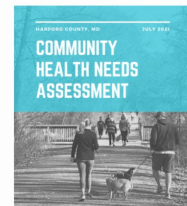
We want to thank everyone who attended our 2021 LHIC Annual Meeting this year. Although we hoped the meeting was in person, it was still a success and the conversations were robust!

If you missed the meeting, no worries! The presentations on the Community Health Needs Assessment and Public Health 3.0 can be found [online here](#).

If you know someone who is interested in joining the Harford County LHIC, please have them fill out our [interest form here](#).

OCTOBER 7TH, 2021

Harford County Community Health Needs Assessment Highlights



2021 ANNUAL LHIC MEETING

Image: Presentation Slide for the Harford County Community Health Needs Assessment Highlights

October is Health Literacy Month!

Every October, we celebrate Health Literacy Month. This month is dedicated to recognizing the importance of making health information easy to understand to help build a world where individuals have access to quality health outcomes.

Healthy People 2030 defines health literacy into two parts:

- Personal health literacy: The degree to which individuals have the ability to find, understand and use information and services to inform health-related decisions and actions for themselves and others.
- Organizational health literacy: The degree to which organizations equitably enable individuals to find, understand, and use information and services to inform health-related decisions and actions for themselves and others.

To learn more about health literacy, [click here](#).



Image reads: Be a Health Literacy Hero!

New: Community Partner Bulletin on HCHD Website

We have created a new webpage to share LHIC community partner events! The page can be found on the HCHD website under

the LHIC menu tab. The "Community Partner Bulletin" page was created in hopes that LHIC members could share with us happenings in Harford County that will better the health of our residents. Please send any flyers to ronya.nassar@maryland.gov to advertise on our new page.

To view the page, [click here](#).



Image: Banner saying "Community Partner Bulletin"

Upcoming Events and Meetings

MHAAC | LHIC | OIT virtual meeting - Tuesday, November 30, 2021, from 8:00 to 10:00 am via Webex

Family Health LHIC virtual meeting - TBD

Chronic Disease Prevention and Wellness - Tuesday, November 23, 2021 location is TBD.

If you would like to attend these meetings or need the virtual call-in information please email Christina Claypool (Christina.Claypool@maryland.gov) and Ronya Nassar (ronya.nassar@maryland.gov).

Publications of Interest

[Learn About Breast Cancer](#)

Source: National Breast Cancer Foundation, INC.

[Physical Activity and Breast Cancer Prevention](#)

Source: Springer Link

[Low Health Literacy and Health Outcomes: An Updated Systematic Review](#)

Source: Annals of Internal Medicine

Contact Ronya Nassar at ronya.nassar@maryland.gov with questions, comments, or to be added to the LHIC email list.

Harford County Health Department | www.harfordcountyhealth.com

STAY CONNECTED

