





Mental Health and Addictions Advisory Council (MHAAC) Local Health Improvement Coalition (LHIC) Behavioral Health Workgroup Harford County OOCC Opioid Intervention Team (OIT)

Meeting Minutes | May 31, 2022 | 8:00-10:00 AM Location: Virtual

Call to Order & Introductions: Bari Klein, MHAAC Council Chair

Special Topic:

- Ashley Treatment: The Clubhouse Laura Dahl
 - Fun free program serving youth at risk for substance use disorder (SUD). Aim is to empower youth with support and appropriate tools so that their risk is not their destiny.
 - Eligibility requirements: Ages 12-17, Harford County Resident, enrolled in school
 - Risk factors for SUD include: high ACE score, history of maltreatment, family history of SUD, single parent household, low familial educational level, lax caregiver attitude towards substance use, lack of adult supervision, family rejection, poor home environment, family rejection of adolescent sexual orientation, association with deviant or substance using peers, lack of school connectedness, low academic achievement, mental health struggles, and poverty.
 - Hours: By appointment only Monday-Friday, 2-8 p.m. Starting June 20th hours will shift to 10 a.m. to 4 p.m.
 - Programming includes: peer-led support groups, project alert training, naloxone training, nicotine cessation classes, etc.
 - Transportation is available. Contact Clubhouse team to request.
 - Currently open and operating. Grand Opening and official ribbon cutting ceremony, July 21, 2022, 10:00AM.
 - Location: Aberdeen Marketplace, 1016 Beards Hill Rd, Suite K, Aberdeen MD 21001.
 - Contact info: theclubhouse 410-273-2300
 - Laura Dahl contact info: <u>ldahl@ashleytreatment.org</u>

Updates:

- Harford County Health Department (HCHD) Marcy Austin and Andrea Pappas
 - Marcy Austin, Acting Health Officer, provided an update on services offered at the new Family Health Center located at 1 N. Main Street in Bel Air.

- The new HCHD Family Health Center provides a number of co-located services specifically for women, children, and families to provide convenient one stop access. Many of these separate services are also located at other locations throughout the county.
- Services include: Women, Infants, and Children (WIC) nutrition program, pediatric dentistry, teen/young adult health clinic, and eventually adolescent mental health services.
- The WIC program has been operating at this location two days a week for several months, and to date has served over 300 families. Spanish language WIC services are available. Additional WIC locations include: Edgewood, Havre de Grace, and the Cecil County Health Department serving Cecil County families.
- New pediatric dentist, Dr. Carolina Rojas, will serve children ages 1 through 16
 with Medical Assistance. This Family Health Center 4-chair dental clinic is an
 expansion of the longstanding 5 chair HCHD Pediatric Dental Clinic in Edgewood,
 which serves children and pregnant women with medical assistance.
- Starting next month, the Family Health Center will begin a Teen and Young Adult Walk-in Health Clinic, Wednesdays from 2:30 to 6:00. These hours will accommodate after school walk-ins. Services will focus on Nutrition and Weight, Healthy Relationships, sexually transmitted infections (STI), Pregnancy testing, Hepatitis C, and HIV testing, and more. This is an expansion of services currently provided at the Edgewood Woodbridge Center Clinical Health Bureau.
- HCHD is still working on obtaining accreditation to offer youth and adolescent mental health services at this location. Currently these services are only available at the 120 S. Hays building.
- The Family Health Center will also provide care coordination, where staff will meet with families, either in person or by phone, to assess their needs and make personalized referrals to for services either at the center or elsewhere in the community. This includes determining insurance status and referrals to the MCHP program where staff assist with applications for free health care to income eligible pregnant women and children. MCHP is the gateway to many HCHD services.
- Andrea Pappas, Acting Deputy Health Officer, said that HCHD continues to work to recruit additional staff to meet the increased demands for services. The HCHD is hoping to hire additional youth/adolescent counselors and nurse practitioners this summer/early fall. One of those counselors will be located at the Family Health Center.
 - HCHD continues to look for a provider to fill the vacant Temporary Cash
 Assistance (TCA) position. This is a grant funded position housed within DSS that
 serves to connect those interested in receiving temporary cash assistance with
 substance use treatment as appropriate.
 - HCHD has participated in several events over the past month as a part of mental health awareness month, as well as those that highlighted addictions treatment and recovery. The HCHD looks forward to working with community partners in the coming months as it prepares for recovery month in September.
- Harford County Office of Mental Health/Core Service Agency Jessica Kraus
 - Jessica Kraus, Executive Director, thanked community partners and members for their efforts for Mental Health Awareness Month, and congratulated them on a job well done

- as almost 1,500 people attended the mental health event at Ripken Stadium, well exceeding expectations. There are plans to make this an annual event.
- A request for proposals (RFP) has been issued for an adult targeted case manager. These services will begin at the Klein Family Harford Crisis Center (KFHCC) next fiscal year.
- The Fiscal year 2023 annual Harford County Behavioral Health plan was officially approved by the State with no revisions or modifications. The final plan will be submitted to MHAAC shortly.
- THE 2022 ANNUAL WOMEN'S CONFERENCE (VIRTUAL)
 - Thursday, June 23, 2022
 - 9:00 A.M. 3:00 P.M.
 - Registration Fee: \$25 per attendee
 - Approved to Sponsor 4.5 CEUs
 - To register:
 https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40591&St
 epNumber=1&v=NTFkYzFmMDYtNjFiZC00ZGMxLTkzMGItMGVmYzAzZDljM2Ri
- The Office on Mental Health/Core Services Agency will be expanding their staff and are looking to hire for their youth crisis team, HR department, and grant specialist positions
- The Mobile Crisis Team/Hotline at the KFHCC for July 1, 2021 thru April 30, 2022 logged:
 - 2995 incoming hotline calls
 - 2088 outgoing calls
 - 5083 total calls
 - 696 Mobile Crisis Team (MCT) dispatches 15 veterans, 220 peer related
 - 13 community training/presentations
 - 60 individuals assisted with transportation to treatment services (funding for this was new this fiscal year)
- Harford County Dept of Community Services/Office of Drug Control Policy Amber Shrodes
 - No update was provided
- UM Upper Chesapeake Health & Klein Family Harford Crisis Center (KFHCC) Jennifer Redding
 - The hospital officially received a designation to provide case management with either the emergency department, crisis center, or inpatient or outpatient services at the hospital.
 - The hospital has a partnership with the Bridge Program and is providing initial comprehensive assessments and in June will be providing psychotherapy services to youth and adolescents. This will tap into ACE's or other trauma. Contact Jen Redding with any questions Jennifer.redding@umm.edu
 - At the KFHCC there has seen an uptick in urgent care walk ins. A total of 53 youth were served in April 2022, mostly for symptoms of depression and some substance use.
 - Number of emergency petitions received via law enforcement in April was 62, with 26 admitted to the hospital.
 - The KFHCC year to April 30, 2022 has logged:
 - Urgent Care: 2,789
 - Residential Crisis Bed: 1,842
 - Outpatient Clinic: 3,361
- Local Addictions Authority (LAA) Shawn Martin
 - Currently in the process of finalizing Harford County's Opioid Operational Command Center FY2023 Block Grant Application

- In FY2023, Harford County will be awarded a total of \$147,247 to be used to support Peer Recovery Specialists (PRS) and Peer Support Services provided by Addiction Connections Resource.
- Current OOCC Block Grant Funding (FY2022) has provided the following services
 - 105 individuals were referred to a peer recovery specialist and all 105 individuals were referred to treatment by the peer recovery specialist
- Working with Behavioral Health Administration (BHA) to implement/oversee two other grant funded projects including:
 - The Contingency Management Initiative (CMI) and State Opioid Response (SOR) grant
 - The CMI grant supports the use of evidence-based practices and mitigates overdose and overdose deaths. Funding will support the Contingency Management Voucher Based Reinforcement (VBR) and Prize Incentives (PI) based approach.
 - The SOR grant aims to address the opioid overdose crisis by funding activities in the following areas:
 - Providing resources to states and territories for increasing access to FDA-approved medications for the treatment of opioid use disorder (MOUD).
 - Supporting the continuum of prevention, harm reduction, treatment, and recovery support services for opioid use disorder (OUD) and other concurrent substance use disorders.
 - Support the continuum of care for stimulant misuse and use disorders, including for cocaine and methamphetamine.
- The Overdose Fatality Review Dashboard is back online, and the LAA is in the process of submitting a request to recruit for an Overdose Fatality Review Coordinator.
- As of May 23, there have been a total of 29 Fatal overdoses in Harford County
 - Causes of death:
 - 24 Opioid-related,
 - 2 heroin-related,
 - 20 fentanyl-related,
 - 8 RX opioid-related, and
 - 11 cocaine-related
 - Gender: 22 males and 7 females
 - Location with the highest number of fatal overdose incident is Aberdeen with 7, followed by Edgewood and Baltimore with 4 each.
- Harford County Emergency Services Edward Hopkins
 - Aberdeen Fire Department presented a situation to the group. An individual has been calling excessively for nonemergency services tying up valuable limited resources. While this person does have health issues, they have received over 100 calls from this person who is often looking for a place to sleep or a meal.
 - Lt. Wreiber elaborated and said that the community also calls regarding this person for issues such as substance use, indecent exposure, etc.

 Jennifer Redding asked about his intervention, treatment, if was he taken to KFHCC, and if he was linked to any case management resources in the community. Ms. Redding offered to provide her assistance with this case.

Community Announcements:

MedMark Treatment Centers in Belcamp (OTP, Methadone/Suboxone) just recently opened an evening program in addition to the morning program. The evening program is open M-F 2pm-10pm. Currently it is not open late Saturday yet but will eventually be open 11am-7pm on Saturdays. This is in addition to our morning program hours (M-F 5am-1pm, Sat 5am-10am). Contact Anthony Avolio with any questions AAvolio@medmark.com.

Closing: Bari Klein, MHAAC Council Chair

Upcoming Meetings:

• September 27, 2022