



Family Health & Resiliency Workgroup
MEGAN's Place- 1321 Woodbridge Station Way
Edgewood, MD 21040
Tuesday May 9th, 2023 | 2pm-3pm

I. Welcome & Housekeeping

- a.** Janica Hudson welcomed the group.
- b.** Community Announcements and Introductions
 - i. Kelly Wilson, United Healthcare. They are currently focused on redetermination for Medicaid and are making sure everyone has their information current and up-to-date.
 - ii. Judy Churn, Harford County Health Department. Since the summer is coming up they want to focus on hot car safety and pool safety.
 - iii. Silvana Bowker, Project Manager for Department of Community Services. Currently, working on the trauma conference in October and looking to have it at the APGFCU Arena. Will be reaching out to community partners as the LMB will be looking at their plan and priorities for the coming year.
 - iv. Bari Klein, Healthy Harford. Working on Community Conversations for Minority Health. On May 24th from 5-8:00 p.m. there will be an event at Water's Edge Event Center to discuss Minority Health and Health Disparities with local stakeholders. Please contact Bari if you are interested in attending. Flyers will be sent out to members. Other programs can be found at <https://www.healthyharford.org/>
 - Walk with the Doc
 - Zumba
 - Disco Sistas to do an urban line dancing class, will be held at the Epicenter.
 - v. Marcy Austin, Health Officer
 - vi. Zach Macas, Health Policy Analyst, Alejandra Huevo, Community Health Worker, and Ronya Nassar, Acting Director of Population Health Unit, Harford County Health Department

- Minority Health Youth Symposium, Saturday, May 20th at Aberdeen Festival Park from 4:30-9:00 p.m.
<https://harfordcountyhealth.com/youth-symposium-i-you-we-matter/>
- vii. Ryan Kivinski, Harford Transit Link. Ryan is new to the group and they just received a grant and would love to work with groups to improve transportation.

II. Focus Group

a. Overview

- i. Janica created a document that shares the nine themes that came out of the focus groups.
 - 1. Mental Health
 - 2. High Cost
 - 3. Miscommunication/ Lack of explanations
 - 4. Open Communication and Support
 - 5. Family and Friends
 - 6. Community Partners
 - 7. Clear Space
 - 8. City/Suburban Atmosphere/Racism
 - 9. Racism and Diversity

b. Next Steps

- i. A major theme that was discussed was the cultural views of safe sleep.
 - We should work on communications as a group about safe sleep versus crib-sharing.
- ii. Should we have another focus group?
 - Speak to other groups in the county? Diversify possibly the HCPS Title I Parent Workshops, LASOS, any other groups?
 - Run two more groups with moms of different backgrounds.
 - Discuss Patient Concierge at the hospital and empower women on how they can make a difference.

III. Closing

- a.** Next meeting: TBD September or October 2023
- b.** Assignments: Population Health will hold two more focus groups.