





# Mental Health and Addictions Advisory Council (MHAAC) Local Health Improvement Coalition (LHIC) Behavioral Health Workgroup

## Meeting Minutes | September 24, 2024 | 8:30-9:30 AM Harford County Department of Emergency Services (DES)

### **Opening:** Jennifer Redding

- Welcome and introductions.
- Challenging you all to do one thing each day to raise awareness for mental health and recovery.
- Review of the MHAAC Mission, Vision, and Values

#### Intercept Mapping Feedback: Jennifer Redding

- General Purpose and Goals
  - Strengthen ongoing collaboration amongst stakeholders in the community
  - Capitalizing on intercepts or opportunities
  - Taking a Now Wrong Door approach: consistent goal/mission across organizations/communities at each.
  - o Provide centralized mechanism for those to learn, connect, and share resources.
  - o Increase awareness of and access to resources and programs
  - Supporting comprehensive, coordinated responses to BH needs of residents.
- GOAL: **Identify** the behavioral health service array in Harford County and **Improve** collaboration within this service array.

# CONTEXT: Individuals who experience mental illness/substance use disorder in Harford County

- **Intercept 1**: First Individual Contact: Contact can come from anyone/anywhere in the community. First contact, identify, screen, and refer. Who did we miss?
  - Court system
  - School Staff
  - Caregivers/Guardians for older adults and those with special needs
  - Ashley's Clubhouse
- **Intercept 2**: Acute Care: Typically, in the Emergency Room or hospital setting. Evaluate, treat, and plan for discharge. Who did we miss?
  - o 988
- Intercept 3: Care Transitions: After the behavioral health crisis is somewhat resolved, what next? This is follow up to ensure continuity of care. Who did we miss?
  - Ashley's Clubhouse
  - Youth Empowerment Source (YES Program in Cecil County)
- Intercept 4: Ongoing treatment and recovery support. What is already available? Who did we miss?
  - New Day Wellness and Recovery Center
  - Local Care Team

- o What's Next?
  - Share best practices for each intercept point that enhance positive behavioral health outcomes, specifically reducing the suicide rate in Harford County.
  - Identify any gaps/opportunities at each intercept point.
  - Develop an action plan that addresses behavioral health resource gaps/opportunities as a means of reducing the suicide rate.
  - Bring back best practice data for next meeting.
  - Comments:
    - It would be good to have a comprehensive list of everyone that provides these and when and where they are including the faith based care groups.
    - Review more research on suicide prevention so that we do not reinvent the wheel.
    - Look at the role of mental health first aid and how we can get more individuals trained in this is the county.

## Community Health Resource Commission Grant (CHRC): Angela Gray and Laurie Rajala

Maryland Consortium on Coordinated Community Supports

#### Background

- In 2022, Maryland General Assembly included language to create a new Maryland Consortium on Coordinated Community Supports (Consortium) to help meet student behavioral health needs.
- The Maryland CHRC serves as the fiscal agent and provides staff support.
- National Center for School Mental Health is providing technical assistance.

#### **Purpose**

- Responsible for developing statewide framework to expand access to behavioral health services for MD students
- Goals:
  - Expand access to high-quality behavioral health related services
  - Improve student wellbeing
  - Foster positive classrooms
  - Promote sustainability through revenues from Medicaid, commercial insurance, and hospital benefits.

#### Awards

- CHRC awarded \$111 million to 129 grantees statewide. 7 in Harford County.
- Grants awarded to providers of BH services for students' pre-kindergarten through 12<sup>th</sup> grade.
  - Achieving True Self
  - Cook Center for Human Connection
  - Fresh Start Therapeutic Services
  - Harford County Boys & Girls Club
  - Nature Worx (Joppatowne High & Edgewood Middle)
  - Pivot Point
  - Thrive Behavioral Health

### **Role of Schools**

Coordination w/ local School Districts is required

- o A MOU was developed between HCPS and each provider
- School are only eligible to receive staff trainings and support, but not direct funding.
- Contact Laurie Rajala, Youth Services Program Manager at Irajala@harfordmentalhealth.org

### Non-Smoking Signs: Ronya Nassar

• Signs available for those interested

## 2024 Community Health Needs Assessment: Ronya Nassar

https://harfordcountyhealth.com/wp-content/uploads/2024/07/CHNA-2024.pdf

Upcoming Meetings: Tuesday, November 26th, 8:30-9:30 a.m. Harford County Department of Emergency Services 2220 Ady Rd, Forest Hill, MD 21050

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