



**Chronic Disease Prevention & Wellness Workgroup
Towson University Northeast (TUNE Center) Room 214
510 Thomas Run Road Bel Air, MD 21015
January 14, 2025 | 8:30-9:30 a.m.**

Meeting Minutes

Opening and Updates- Ronya Nassar

- Welcome and introductions

Civil Surgeon Program Presentation- Dr. Frank Sparandero

- The civil surgeon is a physician who provides medical services to the immigrant population
 - TB tests
 - Blood and urine tests for STI's
- Must have an MD or DO and active state-issues medical license
- Be certified by the US Citizen and immigration services (USCIS) which is a function of the United States Department of Homeland Security.
- Find a civil surgeon: <https://www.uscis.gov/tools/find-a-civil-surgeon>
- The civil surgeon program began at HCHD in the Winter of 2024. Adults only
- HCHD website: <https://harfordcountyhealth.com/immigration-health-civil-surgeon-program/>
- Located at the HCHD Edgewood location: 1321 Woodbridge Station Way, Edgewood, MD 21040
- What does the exam include? Review of immunizations, TB exam, STI exam, Leprosy exam, and a history and physical exam.
- LHIC goals being met: prevent chronic disease, improving health across the lifespan
- The medical portion is free and immunizations and blood tests are on a sliding scale fee
- If there is no record of a certain vaccine, the physical will start over and provide every vaccine that is required.
- Please see the attached presentation.

Minority Health Program Winter Events- Felicia Hopkins and Faith Murray-Engl

- The goal of the Minority health program is to bring awareness to the black and brown community with a focus on the priority populations along the Route 40 corridor. Programming includes health and prevention, education and knowledge, and providing resources in Harford County that people may be unaware of.
- January 8, 9, 14, 2025: Let's Spill the Tea with Dr. Phillip Halstead
- February 11, 12, 13, 2025: The Healing Plate with Chef Catherine Brown
- March 11,12, 13, 2025: Smoothie Sip and Paint
- Events include a fun activity or demonstration with education on all health topics, games, giveaways, and guest speakers.
- People can now enroll in the program and win prizes based on how many events they attend
- Locations: Somerset Manor, Windsor Valley, and Village at Lakeview
- April "Kite Day" with Edgewood Family Date and Time is TBD
- May 17th is the I-YOU-WE Matter Boys Youth Symposium

- The winter flyer can be found here:
<https://harfordcountyhealth.com/wp-content/uploads/2024/12/Winter-Minority-Health-Upcoming-Events-Flyer-25.pdf>

Community Health Improvement Plan

- The final draft is complete, Ronya will send it out after the meeting for everyone to review. Please send back feedback if any! As a reminder, strategies for Chronic Disease priority are as follows:
- Strategy A: Focus on Whole Health for all activities
- Strategy B: improving health across the lifespan
- Strategy C: Increase preventive and accessible health education

Open Discussion

- March is Colon Cancer Awareness Month
 - March 18 The health van will be at Conowingo food bank for screenings
 - March 25 Will be at West Cecil Health Center Cancer to provide prevention information and enrollment for the program
- Mobile health unit: Cancer outreach, HIV testing, Epicenter for HIV/HEP C rapid testing, plans to take it out in common locations and do screenings and tests periodically
- West Cecil will not be at the HC EpiCenters anymore starting at the end of January
- UMUH is looking to increase health efforts at Epicenters and around the community
- Spanish Diabetes Support Group through the University of Maryland Upper Chesapeake Health.

Next Meeting: Tuesday, March 11, 2025, 8:30-9:30 a.m. Towson University Northeast (TUNE Center) Room 214 (510 Thomas Run Road Bel Air, MD 21015)