



**Chronic Disease Prevention & Wellness Workgroup  
Towson University Northeast (TUNE Center) Room 214  
510 Thomas Run Road Bel Air, MD 21015  
November 12, 2024 | 8:30-9:30 a.m.**

**Opening and Updates- Ronya Nassar**

- You are invited to join us for the Annual LHC Meeting on Tuesday, December 3, 2024, at the Towson University Northeast TUNE Center from 8:30-11:30 a.m.
  - Please RSVP at the link below by November 19, 2024  
<https://forms.gle/Tm6zGN9aL9RdCRE2A>
  - Violence and Injury Prevention from MDH will present
- Ronya will send it out calendar invites moving forward to all members.

**Coalition Responsibility for Tobacco Regulations- Lawrence Carter, Maryland Department of Health**

- Member survey:  
[https://docs.google.com/forms/d/e/1FAIpQLSe7-xodoSkPDkWGjX3ngGcE6VeIUo17rVcCg8hL\\_vbScyYs\\_w/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe7-xodoSkPDkWGjX3ngGcE6VeIUo17rVcCg8hL_vbScyYs_w/viewform)
- The survey will help develop Tobacco use prevention, cessation, and enforcement programs

**Community Health Improvement Plan**

- Review the draft work plan
- Going over Kahoot! responses from our last meeting
- Healthy People 2030 developmental targets (DPP and organizations that provide prevention services)
- **Strategy A:** Focus on Whole Health for All Activities
  - Questions/comments for strategy A
    - Youth representatives from the High Schools. How can we involve students? Public and Private sectors. Encourage having one student from each high school as a champion
    - Regional Student Council or SGA. Students who completed the Health II class, as they focus on Self-management and Advocacy. 11th and 12th grade students
    - Community College students or nursing students could also be a focus. Nursing or Health and Wellness Department students
    - Have each group in the room present during meetings
    - Discuss outreach schedules at meetings, and what we are planning to do in the next year
    - Understanding the relationship between physical health and mental health
    - Mental Health and/or Addiction recovery representative to present
- **Strategy B:** improve health across the lifespan
  - Questions/comments for Strategy B
    - Could add a focus on adults who binge drink and smoke
    - Cannabis use and education to communities on the use and how it affects others around them - this will be the 4th action for the strategy

- **Strategy C:** Increase Preventive and Accessible Health Education
  - No comments or suggestions right now.

#### **Discussion**

- Girls Youth Symposium at the Ward Y in Abingdon on November 22 for Middle and High School students
  - Spread the word, registration is still open, we have 15 slots left as of today
  - You can have a table at the event or provide us with information for our welcome table, we have 6 slots left for vendors as of today
- November 21 is the Great American Smokeout. No Butts in the Bay event/cleanup in Aberdeen.
  - Wendy Kanely has some funding left so if any organizations want to do any community event around this day/event, reach out to her ([wendy.kanely@maryland.gov](mailto:wendy.kanely@maryland.gov))
- Cannabis Fact Sheet from the Legal Resource Center  
<https://files.constantcontact.com/a3ba91f1401/68da0e6e-16ff-45ca-a910-2d528d9101c0.pdf>

**Next Meeting: Tuesday, January 14, 2025, 8:30-9:30 a.m. Towson University Northeast (TUNE Center) Room 214 (510 Thomas Run Road Bel Air, MD 21015)**