



**Chronic Disease Prevention & Wellness Workgroup
Towson University Northeast (TUNE Center) Room 214
510 Thomas Run Road Bel Air, MD 21015
September 10, 2024 | 8:30-9:30 a.m.**

Opening and Updates- Ronya Nassar

- Introductions
- 2024 Community Health Needs Assessment
 - Out now on the HCHD website and UM UCH website
 - [chrome-extension://efaidnbnmnnibpcajpcglclefindmkaj/https://harfordcountyhealth.com/wp-content/uploads/2024/07/CHNA-2024.pdf](https://harfordcountyhealth.com/wp-content/uploads/2024/07/CHNA-2024.pdf)
- Note: The Breast and Cervical Cancer program is now with UM UCH, not under the health dept anymore, however the health department is still taking referrals.

Community Health Improvement Plan

- Reviewing the old CHIP and looking at previous goals
- 5-year plan. The current plan ends at the end of this year
- There are so many good things going on in the community and we should help promote, enhance, and support these programs.
- What three Chronic Disease topics do we want to focus on?
 - 2020-2024 priorities: Tobacco, diabetes, healthy eating and active living, and cancer
 - Discussion on 2025-2030 topics
 - healthy eating
 - how do we combine mental health and chronic disease
 - maternal and child health, substance use in mothers
 - racial and ethnic disparities
 - diabetes
 - whole health (mind and body) (holistic approach)
 - family and community focus
 - everyone should have the opportunity to live a healthy life
 - SDOH factors
 - promoting life at every stage of life
 - health across the life span
 - eliminating inequities
 - preventative and accessible health education (for children and parents)
 - focus on the family as a unit
 - NEW 2025-2030 priorities: Whole Health, Health Across the Lifespan, Preventative and Accessible Health Education
- Kahoot game
 - What is already being done to work on these topics?
 - Out of the topics mentioned, what is your perception of how it is going/ what can we do as a group to improve them?
 - What are the gaps?

- Who else should be attending these meetings/ can be partners for us?
- Answers are located in the attached Excel sheet.

At the next meeting, we will look at the draft work plan for the 2025-2030 CHIP

Next Meeting: Tuesday, November 12, 2024, 8:30-9:30 a.m. Towson University Northeast (TUNE Center) Room 214 (510 Thomas Run Road Bel Air, MD 21015)